



### **INTRODUCTORY TABLE TIME QUESTIONS**

1. Do an **Ice Breaker** to get to know your community group
2. Join the **HB bible study and Resource group page** for more community over on Facebook.
3. Share a time that you collided into a huge challenge. How did you handle it? Why did you decide to take this class? Are you raising teenagers? What is your marriage status, How is your work life currently? What are you hoping to walk away with after taking this class.  
If you are in the middle of a huge challenge write it down on paper if you are taking this class alone. If in a group try to share a little of the challenge during group time.
4. The next class you will watch SESSION 1 and then have community time to discuss the video. You will then be given your homework questions for that week. You will discuss those questions at the start of the next class and then watch the session Two video.

Leaders may contact me anytime [Heather@hbministries.com](mailto:Heather@hbministries.com)